	Minimum Grade Level Allowed	Maximum Grade Level Allowed	Shadow Allowed?	Competitions / Awards	Team Status	Restricted Eligibility?	Level	Average Race Distance	Average Number of Controls
Elementary	к	6th	Yes - but as Non-Competitive	Team and Individual	Co-Ed Teams	Only participants who run solo (no shadow) are eligible for awards. Runners who have a shadow will be non-competitive and will not earn team points.	BEGINNER	1.5 km	8
Middle School		8th	Yes - but as Non-Competitive	Team and Individual	Co-Ed Teams	Only participants who run solo (no shadow) are eligible for awards. Runners who have a shadow will be non-competitive and will not earn team points.	ADVANCED BEGINNER	2.0 km	10
Rookie-Female	9th	12th	Yes - but as Non-Competitive	Team and Individual	Co-Ed Teams	Must be in grades 9-12 and never run WIOL before or scored in the bottom 30% of MS previous year. Only participants who run solo (no shadow) are eligible for awards and for earning team points	ADVANCED BEGINNER	2.5 km	10
Rookie-Male	9th	12th	Yes - but as Non-Competitive	Team and Individual	Co-Ed Teams	Must be in grades 9-12 and never run WIOL before or scored in the bottom 30% of MS previous year. Only participants who run solo (no shadow) are eligible for awards and for earning team points	ADVANCED BEGINNER	2.5 km	11
JV-Female		12th	No	Team and Individual	Same gender teams		INTERMEDIATE	3.0 km	10
JV-Male		12th	No	Team and Individual	Same gender teams		INTERMEDIATE	3.0 km	10
Varsity-Female		12th	No	Team and Individual	Co-Ed Teams	Must have previous WIOL Varsity Experience, finish in the top 25% on JV previous year, or approval from the WIOL registrar	ADVANCED	4.0 km	12
Varsity-Male		12th	No	Team and Individual	Co-Ed Teams	Must have previous WIOL Varsity Experience, finish in the top 25% on JV previous year, or approval from the WIOL registrar	ADVANCED	4.0 km	12
Intercollegiate JV	College Freshman		No	Team and Individual	Co-Ed Teams	Students must meet the current Orienteering USA eligibility standards. This means you must be a full- time college or university or technical school student. (Undergraduate or graduate as defined by the college or university)	ADVANCED BEGINNER/ INTERMEDIATE	2.5 - 3.0 km	10
Intercollegiate Varsity	College Freshman		No	Team and Individual	Co-Ed Teams	Students must meet the current Orienteering USA eligibility standards. This means you must be a full- time college or university or technical school student. (Undergraduate or graduate as defined by the college or university)	ADVANCED	5.0 km	14